

# Test post-mortem

Name \_\_\_\_\_ Class \_\_\_\_\_ Test \_\_\_\_\_

Date of test \_\_\_\_\_ Date you're doing this post-mortem \_\_\_\_\_

- What grade did you make on this test? \_\_\_\_\_ What did you expect to make? \_\_\_\_\_
- This was test # \_\_\_\_\_ of how many? \_\_\_\_\_
- Is this test an accurate reflection of your knowledge? \_\_\_ Yes \_\_\_ No
  - Why? \_\_\_\_\_  
\_\_\_\_\_
- What factors led to the grade you made? Respond to each statement below.
  - a) I spent enough time preparing for this test. \_\_\_ Yes \_\_\_ No
    - How much time did you spend studying? \_\_\_\_\_
    - In what ways did you study? \_\_\_\_\_  
\_\_\_\_\_
    - What was your study environment? (alone, in a group, quiet room, etc.) \_\_\_\_\_  
\_\_\_\_\_
  - b) I studied over several days instead of cramming. \_\_\_ Yes \_\_\_ No
    - How many days and how many hours on each of those days? \_\_\_\_\_
  - c) I studied the correct material. \_\_\_ Yes \_\_\_ No
    - If no, what should you have studied that you didn't? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
  - d) I had enough information about the test to prepare properly. \_\_\_ Yes \_\_\_ No
    - If no, what additional information did you need? \_\_\_\_\_  
\_\_\_\_\_
    - What information did you have and where did you get it? \_\_\_\_\_  
\_\_\_\_\_
  - e) I can do well on this type of test. \_\_\_ Yes \_\_\_ No
    - I can do well because \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
    - If no, describe a better testing circumstance for you. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

f) I feel that the material was adequately covered in class. \_\_\_Yes \_\_\_No

- If no, what material needed to be covered more thoroughly? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

g) Was there a practice test available for this test? \_\_\_Yes \_\_\_No

- Did you take the practice test? \_\_\_Yes \_\_\_No
- If no, why not? \_\_\_\_\_  
\_\_\_\_\_

h) My class attendance was adequate to get the needed information. \_\_\_Yes \_\_\_No

- If not, why did you miss class? \_\_\_\_\_  
\_\_\_\_\_
- How often did you miss class? \_\_\_\_\_

i) I feel that test anxiety prevented me from doing my best. \_\_\_Yes \_\_\_No

- If yes, in what ways did that anxiety show up for you? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
- How can this problem be prevented or reduced in the future? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
- What have you tried in the past to help with test anxiety? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

- I think that my grade was based on luck rather than on my ability. \_\_\_Yes \_\_\_No
  - I think it was luck because \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

- When you take the next test in this class:
  - What would you do differently? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
  - What would you do the same? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_